

Sheet1

MENU ITEM	CELERY	GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOY	SULPHUR DIOXIDE SULPHITES	&
STARTERS															
Padron N Salt															
Cheeseburger Spring Roll															
Mac 'n' Cheese Balls															
Popcorn Shrimps															
Halloumi fries															
WINGS	CELERY	GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOY	DIOXIDE SULPHITES	&
Classic BBQ wings															
Sticky Lime Wings															
Butter-Buffalo Wings															
Buffalo Wings															
Cry for Help Wings															
TENDERS	CELERY	GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOY	DIOXIDE SULPHITES	&
Chicken Tenders Plain															
Classic BBQ chicken															
Sticky Lime Chicken Tende															
Butter buffalo Chicken Tend															
Buffalo Chicken Tenders															
Cry for Help Chicken Ten															
MENU ITEM	CELERY	GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOY	SULPHUR DIOXIDE SULPHITES	&
SHARING PLATES															
Solita Sharer															
Nachos															
GRILL	CELERY	GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOY	DIOXIDE SULPHITES	&
7oz Flat Iron Steak															
12oz Rib Eye Steak															
Lamb Rump															
Fillet Steak															
Signature steak															

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Chicken Supreme															
Surf & Turf															
Seabass															
Salmon Steak															
Seafood Skewers															
SALADS	CELERY	GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOY	DIOXIDE & SULPHITES	
Buttermilk Chicken fo sala															
Grill fChicken Caesar Salad															
Black & Blue Salad															

MENU ITEM	CELERY	GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOY	SULPHUR DIOXIDE & SULPHITES
SAUCES														
BBQ Sauce														
Big Manc Sauce														
Buffalo Sauce														
Butter buffalo sauce														
Sticky Lime Sauce														
Cry For Help														
Manhattan Sauce														
Sriracha Mayo														
Catalan Sauce														
Vagan 1000 island														
Peppercorn Sauce														
Bearnaise														
Sticky Lime														
Roast Red Pepper Sauce														
BURGERS	CELERY	GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOY	DIOXIDE & SULPHITES
Burger patty														

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Side salad														
Smoked Brisket Chilli														
Cornmeal Fried Jalapenos														
Beer Battered Onion Rings														
Corn on the Cob														
Coleslaw														
Caesar														
Skin on Fries														
Sweet Potato Fries														
Brisket Fries														
Broccoli														
Salt Baked New Potatoes														
Chicken Gravy														
Waffle Fries														
Pizza Fries														
Cheeseburger Fries														
Halloumi Fries														
Jacket Pot														
Sweet Jacket Pot														
Mini Roast Pots														
Roast Carrots														
Spiced Rice														
Fried Okra														
MENU ITEM	CELERY	GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOY	SULPHUR DIOXIDE & SULPHITES
DESSERTS														
Vanilla Ice Cream & Bacon														
S'Mores														
Deep Fried Cookie Dough														
Peanut Butter Brownie														
Cheesecake Plain														
Nutella Donuts														
Solita Mess														

FOOD ALERGEN SOLITA

This food allergy matrix **MUST** be completed for **ALL** hot and cold menu items for each day's menu
Tick (l) the correct allergen box for each menu item where it is contained in the food ingredients of that particular dish
Leave the box blank where the allergen is not contained in the dish

RESTAURANT LOCATION:	
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DATE	
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Declaration: The food allergy matrix is completed using the information provided from suppliers and standardised recipe database.

There are no deliberately added ingredients which have not been declared on the matrix above

MANAGER SIGNATURE	
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DATE	
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MENU ITEM	CELERY	GLUTEN	CRUSTACEAN	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOY	SULPHUR DIOXIDE & SULPHITES
KIDS MENU														
Small Solita Burger														
Deep Fried Mac 'n' Cheese														
Kids Salmon														
Kid's Hot Dog														
Kid's Sandwich														
Fries														
Sweet Potato Fries														
Kid's Salad														
Kid's Corn														
Kid's Mash														
Kid's Beans														
Cookies Sundae														
Ice Cream														
Kid's S'mores														
Kid's PP Mess														

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