

**FOOD ALLERGY SOLITA**

- This food allergy matrix **MUST** be completed for **ALL** hot and cold menu items for each day's menu
- Tick (✓) the correct allergen box for each menu item where it is contained in the food ingredients of that particular dish
- Leave the box blank where the allergen is not contained in the dish

<b>RESTAURANT LOCATION:</b>	<b>Solita-</b>	<b>DATE:</b>	<b>28 MARCH 2017</b>
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<u>Menu Item</u>	Celery	Cereals containing gluten (group)	Crustaceans (group)	Eggs	Fish	Lupin	Milk	Molluscs (group)	Mustard	Nuts (group)	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites
<b><u>Snacks</u></b>														
Olives														✓
Popcorn														
<b><u>Starters</u></b>														
Cheeseburger Spring Roll		✓		✓			✓		✓					✓
Vegetarian Spring roll		✓		✓			✓		✓				✓	✓
Mac 'n' Cheese Balls		✓		✓			✓		✓					✓
Bacon Dough Balls		✓					✓		✓				✓	✓
Baby Squid	✓	✓		✓			✓	✓	✓					✓
Pulled Pork Sundae	✓	✓			✓		✓		✓ salad dressing					✓
Halloumi bites	✓ bbq	✓		✓	✓ bbq		✓		✓ bbq, ranch					✓
Short Rib Croquettes	✓	✓		✓			✓		✓ salad dressing					✓
Baby Back Ribs	✓ bbq	✓		✓ slaw	✓ bbq				✓ bbq, slaw					✓

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Guacamole & Chips							✓							✓
Crayfish cocktail	✓		✓	✓	✓		✓	✓	✓				✓	✓
<b>Menu Item</b>	<b>Celery</b>	<b>Cereals containing gluten (group)</b>	<b>Crustaceans (group)</b>	<b>Eggs</b>	<b>Fish</b>	<b>Lupin</b>	<b>Milk</b>	<b>Molluscs (group)</b>	<b>Mustard</b>	<b>Nuts (group)</b>	<b>Peanuts</b>	<b>Sesame</b>	<b>Soya</b>	<b>Sulphur Dioxide &amp; Sulphites</b>
<b><u>Wings</u></b>														
Classic BBQ wings	✓	✓			✓				✓					✓
Bourbon Wings	✓	✓			✓				✓				✓	✓
Honey mustard wings	✓								✓					✓
Sticky Lime Wings	✓													✓
Butter-Buffalo Wings	✓			✓ dip			✓ dip							✓
Buffalo Wings	✓			✓ dip			✓ dip							✓
Mango Habanero Wings	✓													✓
Spiced BBQ Wings	✓	✓			✓				✓					✓
Cry for Help Wings	✓	✓			✓				✓					✓
<b><u>Tenders</u></b>														
Chicken Tenders Plain		✓		✓			✓							
Classic BBQ chicken tenders	✓	✓		✓	✓		✓		✓					✓
Bourbon chicken Tenders		✓		✓	✓		✓		✓				✓	✓
Honey mustard chicken Tenders	✓	✓		✓			✓		✓					✓
Sticky Lime Chicken Tenders		✓		✓			✓							
Butter buffalo Chicken Tenders	✓	✓		✓			✓							✓
Buffalo Chicken Tenders	✓	✓		✓			✓							✓

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Mango Habanero Chicken Tenders		✓		✓			✓							
Spiced BBQ Chicken Tenders	✓	✓		✓	✓		✓							✓
Cry for Help Chicken Tenders	✓	✓		✓	✓		✓							✓
<b>Sharing Plates</b>	Celery	Cereals containing gluten (group)	Crustaceans (group)	Eggs	Fish	Lupin	Milk	Molluscs (group)	Mustard	Nuts (group)	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites
Ribs, Wings, Rings & Things	✓	✓			✓		✓		✓			✓	✓	✓
Solita Sharer	✓	✓		✓	✓ bbq		✓		✓				✓	✓
Vegetarian Sampler	✓	✓		✓	✓ bbq		✓	✓	✓				✓	✓
Nachos							✓							
Garlic Bread		✓					✓							
<b>Grill</b>	Celery	Cereals containing gluten (group)	Crustaceans (group)	Eggs	Fish	Lupin	Milk	Molluscs (group)	Mustard	Nuts (group)	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites
7/14oz Flat Iron Steak		✓ fries												
10oz Rib Eye Steak		✓ fries												
14oz Rib Eye Steak		✓ fries												
Sirloin		✓ fries												
Signature steak		✓ fries												
Chicken Breast		✓fries							✓ dressing					
SpatchCocked chicken plain		✓ fries							✓ dressing					
Chicken Parmigiano	✓	✓		✓			✓		✓ dressing					

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Menu Item	Celery	Cereals containing gluten (group)	Crustaceans (group)	Eggs	Fish	Lupin	Milk	Molluscs (group)	Mustard	Nuts (group)	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites
Surf & Turf			✓				✓							
Seabass					✓		✓		✓					
Salmon Steak	✓glaze	✓ glaze			✓				✓ dressing ✓ glaze, dressing				✓ glaze	✓glaze
Seafood Skewers			✓		✓				✓ dressing					
Steak and King prawns skewers			✓		✓		✓		✓ dressing					
<b><u>Salads</u></b>														
Buttermilk Chicken Salad		✓		✓			✓		✓					
Chicken Caesar Salad		✓		✓	✓		✓		✓			✓		✓
Black & Blue Salad							✓		✓ dressing					
Veg & Halloumi Salad		✓ croutons		✓			✓		✓					✓
<b><u>Sauces</u></b>														
BBQ Sauce	✓	✓			✓				✓					✓
Bourbon Sauce		✓			✓				✓				✓	✓
Spicy BBQ sauce	✓	✓			✓				✓					✓
Big Manc Sauce				✓					✓					✓
Honey Mustard Sauce	✓								✓					✓
Buffalo Sauce														✓

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Butter buffalo sauce							✓							✓
Mango Habanero sauce														
Sticky Lime Sauce														✓
Cry For Help	✓	✓			✓				✓					✓
Manhattan Sauce	✓		✓	✓	✓		✓		✓	✓	✓	✓	✓	✓
Sriracha Mayo				✓										✓
Catalan Sauce				✓										✓
Vagan 1000 island									✓				✓	✓
Tartare sauce				✓					✓					
Menu Item	Celery	Cereals containing gluten (group)	Crustaceans (group)	Eggs	Fish	Lupin	Milk	Molluscs (group)	Mustard	Nuts (group)	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites
Peppercorn Sauce	✓	✓					✓							
Blue Cheese Sauce		✓					✓		✓					
Bearnaise				✓			✓							✓
Chimichurri Sauce														✓
Jack Daniel's Sauce	✓	✓			✓				✓				✓	✓
<b><u>Burgers</u></b>														
Burger patty		✓											✓	✓
The Solita Burger		✓		✓			✓		✓			✓	✓	✓
KFB	✓	✓		✓	✓		✓		✓			✓	✓	✓
Once in a Lifetime	✓	✓		✓	✓		✓		✓			✓	✓	✓
Smokehouse	✓	✓		✓	✓		✓		✓			✓	✓	✓
Walk of Shame		✓		✓			✓		✓			✓	✓	✓

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Bacon Double		✓		✓			✓					✓	✓	✓
Manc-Hattan	✓	✓	✓	✓	✓		✓		✓	✓	✓	✓	✓	✓
Jack Daddy		✓		✓	✓		✓		✓			✓	✓	✓
Drop it like it's hot	✓	✓		✓	✓		✓		✓			✓	✓	✓
Catalan		✓		✓			✓					✓	✓	✓
Big Manc		✓		✓			✓		✓			✓	✓	✓
Gaucho		✓		✓			✓					✓	✓	✓
New York Style		✓		✓			✓					✓	✓	✓
Manc Rib	✓	✓		✓			✓		✓				✓	✓
<b>Menu Item</b>	<b>Celery</b>	<b>Cereals containing gluten (group)</b>	<b>Crustaceans (group)</b>	<b>Eggs</b>	<b>Fish</b>	<b>Lupin</b>	<b>Milk</b>	<b>Molluscs (group)</b>	<b>Mustard</b>	<b>Nuts (group)</b>	<b>Peanuts</b>	<b>Sesame</b>	<b>Soya</b>	<b>Sulphur Dioxide &amp; Sulphites</b>
<b><u>Chicken, Seafood &amp; Veggie</u></b>														
Buttermilk Fried Chicken Burger	✓ gravy	✓		✓			✓					✓	✓	✓
Krabby Patty		✓	✓	✓			✓					✓	✓	✓
Bean Burger VEGAN		✓							✓			✓	✓	✓
Hallou Me? Burger		✓		✓			✓					✓	✓	✓
Perfect Storn		✓		✓	✓		✓		✓			✓	✓	✓
Deep South Chicken SW	✓	✓		✓	✓		✓		✓			✓	✓	✓
<b><u>Hot Dogs</u></b>														
Classic Dog		✓		✓			✓		✓				✓	✓
Ball Game		✓		✓			✓		✓				✓	✓
Lonestar	✓	✓		✓			✓		✓				✓	✓

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Widowmaker	✓	✓		✓			✓		✓				✓	✓
New Yorker		✓		✓			✓						✓	✓
<b>Sides</b>	<b>Celery</b>	<b>Cereals containing gluten (group)</b>	<b>Crustaceans (group)</b>	<b>Eggs</b>	<b>Fish</b>	<b>Lupin</b>	<b>Milk</b>	<b>Molluscs (group)</b>	<b>Mustard</b>	<b>Nuts (group)</b>	<b>Peanuts</b>	<b>Sesame</b>	<b>Soya</b>	<b>Sulphur Dioxide &amp; Sulphites</b>
Cheesy Fries		✓		✓			✓		✓				✓	✓
60-40 Mash							✓							✓
Side salad									✓					✓
Smoked Brisket Chilli	✓								✓					✓
Cornmeal Fried Jalapenos		✓												✓
Deep Fried Pickles		✓		✓			✓							✓
Beer Battered Onion Rings		✓					✓						✓	✓
Corn on the Cob							✓							
Coleslaw				✓					✓					✓
Iceberg Wedge							✓		✓					✓
Skin on Fries		✓												
Sweet Potato Fries		✓												
Brisket Fries	✓	✓		✓			✓		✓					✓
Mac'n'cheese side	✓	✓		✓			✓		✓					✓
Buttered Spinach							✓							
Roast Vegetables														✓
Salt Baked New Potatoes							✓							✓

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Bacon onion rings														✓
Cheeseburger fries		✓		✓			✓		✓				✓	✓
Chicken Gravy	✓	✓					✓							
<b>Menu Item</b>	<b>Celery</b>	<b>Cereals containing gluten (group)</b>	<b>Crustaceans (group)</b>	<b>Eggs</b>	<b>Fish</b>	<b>Lupin</b>	<b>Milk</b>	<b>Molluscs (group)</b>	<b>Mustard</b>	<b>Nuts (group)</b>	<b>Peanuts</b>	<b>Sesame</b>	<b>Soya</b>	<b>Sulphur Dioxide &amp; Sulphites</b>
<u>Desserts</u>														
Vanilla Ice Cream & Bacon Candy							✓						✓	✓
Solita Sundae		✓cookies		✓			✓				✓		✓	✓
Individual Chocolate Cake		✓		✓			✓			✓			✓	✓
S'Mores		✓ cookies		✓ cookies			✓			✓ may contains	✓ may contains	✓	✓	✓
Deep Fried Cookie Dough		✓		✓			✓						✓	✓
Peanut Butter Brownie		✓		✓			✓				✓		✓	✓
Key Lime Pie		✓		✓			✓							✓
Sticky Toffee Pudding		✓		✓			✓			✓			✓	✓
Cheesecake Plain		✓		✓			✓			✓	✓		✓	✓
Cheesecake apple crumble		✓		✓			✓			✓	✓		✓	✓
Cheesecake.....		✓		✓			✓			✓	✓		✓	✓
Cheesecake.....		✓		✓			✓			✓	✓		✓	✓
Cheesecake.....		✓		✓			✓			✓	✓		✓	✓
Cheesecake.....		✓		✓			✓			✓	✓		✓	✓



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Cheesecake.....		✓		✓			✓			✓	✓		✓	✓
Cheesecake.....		✓		✓			✓			✓	✓		✓	✓
Cheesecake.....		✓		✓			✓			✓	✓		✓	✓
<b>Kids Menu</b>	<b>Celery</b>	<b>Cereals containing gluten (group)</b>	<b>Crustaceans (group)</b>	<b>Eggs</b>	<b>Fish</b>	<b>Lupin</b>	<b>Milk</b>	<b>Molluscs (group)</b>	<b>Mustard</b>	<b>Nuts (group)</b>	<b>Peanuts</b>	<b>Sesame</b>	<b>Soya</b>	<b>Sulphur Dioxide &amp; Sulphites</b>
Mini Manc		✓		✓			✓		✓			✓	✓	✓
Small Solita Burger		✓		✓			✓		✓			✓	✓	✓
Fairground Burger		✓		✓			✓		✓			✓	✓	✓
Deep Fried Mac 'n' Cheese		✓		✓			✓		✓					✓
Fish Skewer		✓ fries	✓		✓				✓ salad					✓
Halloumi Skewer		✓ fries					✓		✓ salad					✓
Breaded Haddock		✓		✓	✓		✓		✓ tartare					✓
Kid's Hot Dog		✓		✓			✓						✓	✓
Kid's Ribs	✓	✓			✓				✓			✓		✓
Kid's Steak		✓ fries							✓ salad					
Kid's Buttermilk	✓ gravy	✓		✓			✓						✓	✓
Fries		✓												
Sweet Potato Fries		✓												
Kid's Salad									✓					
Kid's Corn							✓							✓
Kid's Mash							✓							✓
Kid's Beans	✓	✓			✓				✓					✓

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<b><u>Kids Menu</u></b>	Celery	Cereals containing gluten (group)	Crustaceans (group)	Eggs	Fish	Lupin	Milk	Molluscs (group)	Mustard	Nuts (group)	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites
Cookies Sundae		✓		✓			✓			✓	✓		✓	✓
Ice Cream							✓						✓	✓
Kid's S'mores		✓ cookies		✓ cookies			✓			✓ may contain s	✓ may contains	✓	✓	✓
Cheesecake		✓		✓			✓			✓	✓		✓	✓
Kid's PP Mess		✓		✓			✓			✓	✓		✓	✓
<b><u>SPECIALS</u></b>	Celery	Cereals containing gluten (group)	Crustaceans (group)	Eggs	Fish	Lupin	Milk	Molluscs (group)	Mustard	Nuts (group)	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites
Tiramisu sundae		✓		✓			✓						✓	✓
Mixed Grill		✓ bbq		✓ slaw	✓ bbq				✓ bbq/slaw					✓
Winckley Square	✓	✓		✓			✓		✓			✓	✓	✓
BBQ pork belly bites	✓	✓			✓				✓					✓
Brisket Sub	✓	✓			✓ mustard sauce		✓		✓				✓	✓
Double Down	✓ gravy	✓		✓			✓		✓					✓

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<b><u>SPECIALS</u></b>	Celery	Cereals containing gluten (group)	Crustaceans (group)	Eggs	Fish	Lupin	Milk	Molluscs (group)	Mustard	Nuts (group)	Peanuts	Sesame	Soya	Sulphur Dioxide & Sulphites
Double														

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<b>Declaration:</b> <i>The food allergy matrix is completed using the information provided from suppliers and standardised recipe database. There are no deliberately added ingredients which have not been declared on the matrix above</i>			
<b>Manager Signature:</b>		<b>Date:</b>	
<b>Head Chef Signature:</b>		<b>Date:</b>	

Daily specials recipe	Daily specials recipe	Daily specials recipe

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